

Resources for you as you plan your retirement

Planning for retirement is always important. Now, with the COVID-19 pandemic, it's both important and challenging.

No matter what your plans for retirement – time with family, volunteering, traveling or starting a new career – you'll find the Liberty resources you need to help you move into this next phase with confidence! Some are programs already offered to Liberty employees that you can take advantage of now. Others are additional, free resources that have been recommended by other Liberty employees. They may help you consider what you want to do during these important years. We've also included some books that are publicly available. *

Resources available through Liberty while you're an employee

Leaving Liberty Mutual guide: This [resource](#) outlines important issues to consider when leaving the company, as well as information you may need after your departure.

myConcierge: Whether you're looking for help planning your retirement celebration, making travel plans or meeting other needs, you have free access to a personal concierge if you're a benefits-eligible employee. Your personal concierge can provide you with expert assistance on things such as: up-to-date state and local reopening information, home services, local activities, event planning, travel and more. You only pay for any services or products that are arranged on your behalf – there is no charge for using the concierge. Email myconcierge@LibertyMutual.com or call (855) 717-6242 to get started.

Ayco: During 2021, you can receive one-on-one personalized financial coaching over the phone and access Ayco's digital platform to help you plan for life events and complete a financial well-being self-assessment. Take advantage of this program to shore up an important pillar of your overall well-being. Visit Ayco now or call 1-866-217-8695 Monday – Friday, 9 a.m. – 5 p.m. ET. Evening appointments are available Monday – Thursday, 5 – 8 p.m. ET. See Ayco FAQs [here](#).

Work Life Solutions: Liberty's Employee Assistance Program (EAP), offers online resources as well as confidential assistance for many types of challenges, including life transitions and family and relationships issues. Check out resources [online](#), or connect with a counselor face-to-face by calling 1-866-808-2815 (access Code: liberty). At no cost to you, you and your



household members can receive up to 10 counseling sessions per issue, per year. You can also receive referrals to additional resources.

Skill development: Whether you want to build on a strength or learn a new skill as you prepare to leave Liberty Mutual, you can take advantage of learning opportunities through resources like LinkedIn Learning and getabstract book summaries. Learn more [here](#). We recommend searches using the like: “retirement,” “managing change,” “resiliency” and “growth mindset”.

Preparing for volunteer opportunities / potential work: Whether you’re planning to volunteer more, get a part-time job or embark on a new career, check out some [resources](#) on topics including networking and preparing resumes and cover letters for interviews.

No-charge resources recommended by other Liberty employees

Volunteer opportunities: Looking to give back to your community? Check out projects in your area at [VolunteerMatch](#) or [JustServe](#).

U.S. Department of Health & Human Services Healthy Aging [site](#) shares how keeping and adopting healthy habits and behaviors, staying involved in your community, using preventive services, managing health conditions and understanding all your medications can contribute to a productive and meaningful life.

Building community: If you’re looking to build your virtual community, you can check out options such as AARP’s community partner virtual events [here](#) or The Transition Network community specifically for Women embracing life after 50 to connect and join events together [here](#).

Books: The following books may appeal to you and your retirement planning needs:

- ***Disrupt Aging: A Bold New Path to Living Your Best Life at every Age*** by Jo Ann Jenkins (CEO of AARP)
- ***Get the Most Out of Retirement: Checklist for Happiness, Health, Purpose and Financial Security*** by Sally Balch Hurme
- ***The 100-year Life Living and Working in an Age of Longevity*** by Lynda Gratton and Andrew J Scott
- ***Wise Moves: Checklist for Where to Live, What to Consider, and Whether to Stay or Go*** by Lawrence A. Frolik and Sally Balch Hurme (American Bar Association/AARP)



***This guide is for informational purposes only and is not intended as a recommendation or endorsement by Liberty of any of the options listed.**

